

Fitness Timetable



	Mon	Tue	Wed	Thur	Fri
9:20am	Powerbar	Cardio HIIT	Strength Interval	Fit Forever Pilates	Powerbar
10:20am		Fit Forever Aerobics		Power Pilates Pilates	

Note : class timetable is subject to change

Casual Price List

Casual per visit	17.10
10 Pass Casual Card	\$149
20 Pass Casual Card	\$282

Casual (Concession) Price List

Casual (Concession)	\$14.50
10 Pass Casual Card (Concession)	\$131
20 Pass Casual Card (Concession)	\$246

Term Memberships

6 Months	\$446
12 Months	\$667



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FITNESS

Contact the team at:

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