

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY  | SUNDAY   |
|--|---|--|---|--|---|--|
|    | <p><b>1</b> <i>International Probus Day</i><br/><i>International Day of Older Persons</i></p> <p><b>Shire Wide Probus Clubs Sharing Event*</b><br/>10am to 12.30pm<br/>Council Chambers, Torquay</p>  | <p><b>2</b></p> <p><b>Torquay in Motion Activity and Morning Tea</b><br/>10am to 11.30am<br/>Kithbrooke Park</p> <p><b>Lorne Preventing Falls Activity and Morning Tea</b><br/>11am to 1pm<br/>Lorne Community Connect</p> | <p><b>3</b></p> <p><b>Winchelsea Feel Good Movie and Afternoon Tea</b><br/>1.30pm to 5pm<br/>Winchelsea Shire Hall</p>  | <p><b>4</b></p> <p><b>Fostering Intergenerational Connection Through Food*</b><br/>11.30am to 3pm<br/>Common Ground, Freshwater Creek</p> <p><b>Anglesea in Motion Activity and Afternoon Tea</b><br/>1.30pm to 3pm<br/>Anglesea Community House</p> |    | <p><b>6</b></p> <p><b>EIGHT DAYS OF FREE PUBLIC TRANSPORT FOR VICTORIAN SENIORS CARD HOLDERS 6 TO 13 OCTOBER</b></p>  |
| <p><b>7</b> <i>Mental Health Week starts</i></p> <p><b>Afternoon Tea and Dance with Art of the Minds and Ben Costanzo</b><br/>1.30pm to 3.30pm<br/>Kithbrooke Park</p>                         | <p><b>8</b></p> <p><b>U3A Surf Coast Open Day</b><br/>10am to 12pm<br/>Torquay Improvement Association Hall. 8-10 Price Street, Torquay</p> <p><b>Explore, Engage, Evolve in all things Probus: Games and Afternoon Tea</b><br/>2pm to 4pm<br/>Oak Tree Place, Torquay Uniting Church</p> | <p><b>9</b> <i>Ageism Awareness Day</i></p> <p><b>Calvary Elouera Open Day</b><br/>10am to 4pm<br/>Calvary Elouera, Torquay</p>  | <p><b>10</b> <i>World Mental Health Day</i></p> <p><b>Lorne Village Play Date for all ages</b><br/>12.30pm to 2.30pm<br/>St Cuthbert's Hall, Lorne</p>  | <p><b>11</b></p> <p><b>Explore the Torquay Women's Sharing Shed</b><br/>1pm to 4pm<br/>14 Price Street, Torquay.</p>   |   | <p><b>13</b> <i>International Carers Week starts</i></p> <p><b>Moriac Community Network History Group Guest Speaker and Afternoon Tea</b><br/>2pm to 5pm<br/>Modewarre Hall</p>                          |
| <p><b>14</b> <i>Get Online Week</i></p> <p><b>Understanding Dementia session and lunch with Great Ocean Road Health and Dementia Australia</b><br/>11am to 2pm<br/>Lorne Community Connect</p> | <p><b>15</b></p> <p><b>Fostering Cultural Connection Through Food*</b><br/>11am to 2pm<br/>Common Ground, Freshwater Creek</p>  | <p><b>16</b></p> <p><b>Scam Awareness and Get to Know Your Device – Moriac</b><br/>1pm to 3.30pm<br/>Moriac Community Centre</p>   | <p><b>17</b></p> <p><b>U3A Surf Coast Members: Being Safe Online</b><br/>5pm to 6.30pm<br/>Torquay Library</p> <p><b>Deans Marsh Across The Ages Trivia Lunch</b><br/>12pm to 1.30pm<br/>Deans Marsh Hall</p> | <p><b>18</b></p> <p><b>Strength For Life hosted by Kieser</b><br/>10am to 11.30am<br/>Torquay Football Netball Club</p>  | <p><b>19</b></p> <p><b>Surf Coast Carers Network Celebrating Carers Family Day</b><br/>1pm to 4pm<br/>Torquay Community House</p> | <p><b>20</b></p> <p><b>Surf Coast Carers Network Celebrating Carers Family Day</b><br/>1pm to 4pm<br/>Deans Marsh Community Cottage</p>  |
|    | <p><b>21</b></p> <p><b>Hesse Rural Health Rock n Roll Theme Day</b><br/>11am to 2pm<br/>53 Hesse St, Winchelsea</p>   | <p><b>22</b></p> <p><b>Scam Awareness and Get to Know Your Device Session – Torquay</b><br/>1pm to 3.30pm<br/>Council Chambers, Torquay</p>  | <p><b>23</b></p> <p><b>Learn to Play Pétanque</b><br/>2pm to 4pm<br/>Deep Creek Reserve, grassed area beside Orungal Court playground</p>   | <p><b>24</b></p> <p><b>Scam Awareness and Get to Know Your Device Session – Anglesea</b><br/>10am to 12.30pm<br/>Anglesea Community House</p>  |    | <b>25</b>  |
| <p><b>28</b></p> <p><b>Communication Strategies with Dementia and lunch with Great Ocean Road Health and Dementia Australia</b><br/>11am to 2pm<br/>Deans Marsh Hall</p>                       |    | <p><b>29</b></p> <p><b>Scam Awareness and Get to Know Your Device Session – Lorne</b><br/>10am to 12.30pm<br/>Lorne Community House</p>  | <p><b>30</b></p> <p><b>Lap the Map for Diabetes with Torquay Lions</b><br/>3pm<br/>Meet at Torquay Angling Club</p>   | <p><b>Victorian Seniors Festival 2024</b></p>  |   | <p><b>EXPLORE. ENGAGE. EVOLVE.</b></p>    |



| DATE  | HOW TO BOOK  |
|-------|--|
| 1     | *Shire Wide Probus Clubs Networking Morning Tea – current and potential Probus club members only. Council Chambers, Torquay. <b>Bookings through individual Probus clubs.</b>                            |
| 2     | Torquay in Motion Activity and Morning Tea – Kithbrooke Park, 350 Grossmans Road Torquay <b>Bookings required. RSVP by 29 September. Contact: Jess 0421 519 743</b>                                      |
|       | Lorne Preventing Falls and Morning Tea – Lorne Community Connect. \$5 cash only. <b>Bookings required. Contact: Great Ocean Road Health Community Reception: 5289 4360</b>                               |
| 3     | Winchelsea Feel Good Movie and Afternoon Tea – Winchelsea Shire Hall. Gold coin donation. <b>Bookings required. Contact: Jenny Mathison 0409 672 054</b>   |
| 4     | Anglesea in Motion Activity and Morning Tea – Anglesea Community House <b>Bookings required. RSVP by 29 September. Contact: Jess 0421 519 743</b>  |
|       | *Fostering Intergenerational Connection Through Food – Common Ground, Freshwater Creek. Limited places available. <b>Bookings essential. Contact: Council's Age Friendly Officer 5261 0600</b>           |
| 7     | Afternoon Tea Dance with Art of the Minds and Ben Costanzo – Kithbrooke Park, 350 Grossmans Road Torquay. <b>Bookings required. Contact Karen or Deb: 0428 287 420</b>                                   |
| 8     | U3A Open Day – Torquay Improvement Association, 8-10 Price Street, Torquay <b>Bookings not required. Contact: info@u3asurfcoast.org.au or 0435 374 139</b>   |
|       | Explore, Engage, Evolve in all things Probus with the Combined Probus Club of Torquay Surf Coast – Oak Tree Place, 27 Anderson Street, Torquay. <b>Bookings not required. Contact Jane 0400 190 580.</b> |
| 9     | Calvary Elouera Open Day – Calvary Elouera, 6-11 Kooronga Place, Torquay. <b>Contact: Preeti 0468 462 986</b>  |
| 10    | Lorne Village Play Date for all ages – St Cuthbert's Hall, Lorne. <b>Contact: Alanee 0402 030 342 or Lorne Community House 5289 4383</b>   |
| 11    | Explore the Torquay Women's Sharing Shed – 14 Price Street, Torquay. <b>Contact Cindy: 0437 620 450.</b>   |
| 13    | Moriac Community Network History Group and Speaker – Modewarre Hall. <b>Bookings required. Contact: Anne 0412 646 032 or Lyn 0419 500 353</b>  |
| 14    | Understanding Dementia Session and Lunch with Great Ocean Road Health and Dementia Australia – Lorne Community Connect. \$10 cash only. <b>Bookings required. Contact: GORH Reception 5289 4360</b>      |
| 15    | *Fostering Cultural Connection Through Food – Common Ground, Freshwater Creek. Limited places available. <b>Bookings essential. Contact: Council's Age Friendly Officer 5261 0600</b>                    |
| 16    | Scam Awareness and Get to Know Your Device Sessions with Gadget Girl: Moriac Community Centre <b>Register with Lyn 0419 500 353 or Anne 0412 646 032.</b>  |
| 17    | Get Online Week with U3A: Being Safe Online – Torquay Library. <b>Bookings required. Contact: U3A Surf Coast 0435 374 139 or Richard rdrury21@gmail.com</b>  |
|       | Deans Marsh Across the Ages Trivia Lunch – Deans Marsh Hall. \$5 cash only. <b>Bookings required. Contact: Deans Marsh Community Cottage 0499 851 334</b>  |
| 18    | Strength for Life with Kieser – Torquay Football Netball Club. <b>Bookings required. Contact: Milly 0426 268 076</b>   |
| 19-20 | Surf Coast Shire Carers Network, Celebrating Carers Family Days in Deans Marsh or Torquay <b>Bookings preferred. Contact: Jo 0458 493 733</b>  |
| 22    | Hesse Rural Health Rock'n'roll Day – 53 Hesse St, Winchelsea. <b>Bookings required. Contact: Social Support Team 5267 1200</b>   |
| 23    | Scam Awareness and Get to Know Your Device Sessions with Gadget Girl: Council Chambers, Torquay. <b>Register with Age Friendly Officer 5261 0600</b>   |
| 24    | Learn to Play Pétanque with the Probus Club of Torquay Jan Juc – Deep Creek Reserve, near Orungal Court playground. <b>No bookings required. Contact ptjj.sec@gmail.com</b>                              |
| 25    | Scam Awareness and Get to Know Your Device Sessions with Gadget Girl: Anglesea Community House <b>Register with Anglesea Community House: 5263 2116.</b>   |
| 28    | Communication Strategies and Dementia with lunch with Great Ocean Road Health and Dementia Australia – Deans Marsh Hall. \$10 cash only. <b>Bookings required. Contact: 5289 4360</b>                    |
| 30    | Scam Awareness and Get to Know Your Device Sessions with Gadget Girl: Lorne Community House <b>Register with Lorne Community House 5289 4383</b>   |
| 31    | Lap the Map for Diabetes with Torquay Lions. Gold coin donation Torquay Angling Club <b>Contact: Catherine 0425 854 813</b>  |

# Victorian Seniors Festival 2024



1 – 31 October



**EXPLORE.  
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EVOLVE.**



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