

Summary of Achievements, year to date from Year 4 of the Surf Coast Shire Health and Wellbeing Plan 2013-2017

Theme 1 Healthy Engaged Communities

In order to build organisational capacity to lead and deliver health and wellbeing activity a number information sessions for staff have been provided in the second half of 2016 including activity relating to the development of the Anglesea health and wellbeing profile

Mental health first aid sessions have been provided and Headspace has been promoted as a specific service for young people, responding to the findings of the youth survey

The G21 Physical Activity Strategy identifies improved mental health as a key benefit of increased physical activity. A regional implementation plan has been developed with G21 partner Councils to ensure a coordinated approach toward increasing physical activity across the region.

Council has supported many mental health initiatives in community grant rounds including "Painting with Parkinson's" and most recently the "Groovers and Movers Program", which provides activity sessions to develop strength, balance and mental health via fitness activities.

Theme 2 Local Opportunities

Anglesea health and wellbeing profile has been completed over 2016 with activities including the men's health night being delivered in response to findings

To create a shared responsibility around harm minimisation a report has been completed that details the existing good sports level status of Surf Coast Shire Clubs and breaks down good sports accreditation by ward. Council continues to support Club Development through a Leisure Networks Service Agreement

To better understand changing community demographics and increase the community involvement of non-resident ratepayers. Six community engagement opportunities were made available through the online engagement hub "surf coast conversations". Two of the six projects used video to promote the engagement opportunity and to provide background information. The videos were published on YouTube and promoted on Twitter and Facebook.

Theme 3 Service Accessibility

To respond to the needs of those living in socio-economic disadvantage health and wellbeing priorities have continued to be a focus with programs to support young mums, exploration of child care, no falls programs for older and discussion continuing with Growing Winch on Youth activities

Operational planning for the Kurrabee Myaring Community Centre has been progressing according to the project charter and is on track for delivery in for 2018. Council briefings have been maintained throughout

Best practice service provision for Council's direct client services including child care, preschool, maternal and child health, immunisation services and home care services has been maintained and is evidenced by the successful participation in the Common Care Standards Assessment for home care services in December 2016