

Surf Coast Shire Health and Wellbeing Plan Year 3 Draft Action Plan (2015/16)



Priority 1 – Healthy Engaged Communities

Objective	Strategy	2015/16 Action
1.1 To build organisation capacity to plan lead deliver and evaluate population health outcomes	1.1.1 Assess organisation level of capability and readiness 1.1.2 Implement learning and development tools including e-learning and mentoring opportunities across the organisation 1.1.3 Annual Monitoring and evaluation of the G21 Regional Health and Wellbeing Plan and Surf Coast Shire Sub plan (CP 3.3.6)	<ul style="list-style-type: none"> Develop and deliver education and information sessions for staff on health and wellbeing activity Oversee the implementation of actions and reporting and evaluation Participate in the regional response and activity aimed at preventing violence against women and children
1.2 To increase participation in physical activities	1.2.1 Identify and progress relevant recommendations in the recreation strategy 1.2.2 Maximise use of Council's recreation facilities through a partnerships approach 1.2.3 Develop a program to introduce new sport and recreational opportunities for informal/social use 1.2.4 Promote active transport options and open space settings for physical activity 1.2.5 Review and update current pathways/cycling strategy (CP 4.3.5)	<ul style="list-style-type: none"> Continue to promote facilities, clubs and activities through updates to council website Continue to provide Club Administration resources and support. Commence discussions with S86 committees about programming activities in facilities to maximise the extent and diversity of use. Incorporate principles in lease / licence renewal discussions for shared use of facilities to maximise extent and diversity of use (part of Recreation Facility Management Guidelines yet to be developed). Introduce AFL 9s in conjunction with AFL Barwon and Surf Coast Shire football community.

<p>1.3 To enhance mental health and wellbeing</p>	<p>1.3.1 Review Access and Inclusion Plan action 3.7 Support the work of local networks that promote mental health and wellbeing</p> <p>1.3.2 Promote the mental health benefits of increased participation in physical activity</p> <p>1.3.3 Continue to enhance community grants program to support positive mental health outcomes</p> <p>1.3.4 Involvement in mental health week</p> <p>1.3.5 Enhancing access to open space</p>	<ul style="list-style-type: none"> • Establish a community managed Surf Coast Shire Basketball Association in conjunction with Basketball Victoria Country. • Investigate feasibility of local netball association competition and little athletics. • Continue to install bike racks in reserves to promote active transport • Seek adoption of the G21 Region Principal Bicycle Network Project • Implement annual program of pathways activities • Promote the services and activities of local mental health providers and engage in local service provider networks • Promote the mental health benefits of physical activity in newsletters, website etc. • Provide additional support to potential grant applications, particularly projects related to mental health • Plan and deliver events and activities to promote mental health week • Implement relevant actions under the Open Space Strategy
<p>1.4 To create a shared responsibility around alcohol harm minimisation</p>	<p>1.4.1 Development of a Council liquor licensing policy across community groups and clubs</p> <p>1.4.2 Promote local law relating to alcohol in public places</p> <p>1.4.3 Continue harm minimisation approach to school leavers and events</p> <p>1.4.4 Assess the ability to control the cumulative impact of the number of licensed venues through the Surf Coast Planning Scheme</p>	<ul style="list-style-type: none"> • Scope and research a liquor licencing Policy. • Publicise local laws relating to alcohol in public places through signage and media. • Undertake active compliance and education on alcohol in public places during peak seasons and events • Establish a staff survey to measure the effectiveness of compliance activities? • Develop and implement a suite of youth programs including school leavers, BBQ & Beats in partnership with other local service providers • Gather and analyse data on

1.5 To promote sustainable living

- 1.5.1 Continue to promote reduce, reuse and recycle messages and part of Council's litter task force
- 1.5.2 Support community programs that aim to make solar power accessible and cost effective for residents and businesses (CP1.3.1)
- 1.5.3 Develop initiatives with community groups to enhance food security and reduce food miles

the number of sporting clubs participating in the Good Sports Program

- Work with the BSWWRRG to develop the regional implementation plan and other resource recovery initiatives.
- Install solar panels on two approved community buildings
- Deliver Edible Landscapes and Sustainable Seafood Program in partnership with relevant businesses and community groups.
- Continue to support Council's community gardens and build local expertise around growing food.
- Collate and report on number of Farmers markets event permits issued per annum



Priority 2 -Local Opportunities

Objective	Strategy	2014/15 Action
2.1 Understand changing community demographics	<ul style="list-style-type: none"> 2.1.1 Develop Surf Coast Shire health and wellbeing data profile. Publish, promote and update regularly 2.1.2 Develop local area township health and wellbeing data profiles 2.1.3 Explore the impacts of part time populations 2.1.4 Build organisational and workforce capacity to understand and interpret community demographic information 2.1.5 Investigate ways to increase the community involvement of non-resident ratepayers 2.1.6 Explore ways to assess the health and wellbeing impact of local employment strategies 	<ul style="list-style-type: none"> • Annual update of Health and Wellbeing Profile • Develop township health and wellbeing profiles including review of mental health data • Reproduce the Summer Debrief report • Develop part time/mobile population snapshot • Deliver training and development activities and evaluate. • Establish a consolidated on-line engagement hub • Identify new communications channels that appeal to

		<p>difficult to reach audiences</p> <ul style="list-style-type: none"> • Open multiple customer service including opportunities for self service during non-business hours • Embrace technology to enhance the customer service experience • Deliver actions under the economic development strategy related to employment
<p>2.2 Build community and organisational capacity to achieve better outcomes for children</p>	<p>2.2.1 Analyse AEDI data to understand local issues</p> <p>2.2.2 Build organisational and workforce capacity and understanding of the data</p> <p>2.2.3 Engage with the local community and key service providers to identify priority areas for improvement</p> <p>2.2.4 Continue to provide childhood and school immunisation program and investigate strategies to improve immunisation rates</p> <p>2.2.5 Review and update Surf Coast Shire early years plan 2009-2013 and implement priority actions</p>	<ul style="list-style-type: none"> • Review 2015 AEDI data and adapt priorities in response to findings • Provide presentations and training in the use of the data as required • Discuss findings and opportunities to apply the AEDI as part of the standards agenda of Early Years Reference Groups • Ongoing delivery, evaluation and reporting of Childhood immunisation Program • Deliver activities under the Early Years Strategy and undertake annual review, evaluation and reporting • Undertake an annual Families survey, analyse results and incorporate findings into relevant plans and work programming • Explore opportunities with the Library service to increase programs for children and youth
<p>2.3 Build community and organisational capacity to achieve better outcomes for youth</p>	<p>2.3.1 Review and update the youth strategy and implement priority actions</p> <p>2.3.2 Investigate the feasibility of shared traineeships and work placements in partnership with key agencies</p>	<ul style="list-style-type: none"> • Deliver activities under the Youth Strategy and undertake annual review, evaluation and reporting • Actively support traineeship placements and opportunities for young people • Investigate supported employment options for young people with a disability • Provide training opportunities and continue to engage young people as part of the youth network

2.4 Build community and organisational capacity to achieve better outcomes for older people

2.4.1 Explore links with volunteer programs to encourage positive interaction across different age groups
 2.4.2 Review and update the positive ageing strategy 2009 and implement priority actions
 2.4.3 Evaluate the Improving Liveability for Older People (ILOP) project and support future initiatives

- Establish links with groups that engage children and youth and promote the opportunities for intergenerational support of community projects for older people
- Implement actions under the Positive Ageing strategy and undertake annual review, evaluation and reporting
- Continue to plan and develop the Café Style support program.
- Implement older volunteer program
- Promote volunteering during National Volunteer week



Priority 3 - Service Accessibility

Objective	Strategy	2014/15 Action
<p>3.1 Ensure equitable access for all to health and community services</p>	<p>3.1.1 Implement Council Plan strategies under objective 3.2 " Quality assessment ratings for aged and family services" including assessment of service need and service mapping 3.1.2 Utilise community demographics and health and wellbeing profiles to assist in determining service needs 3.1.3 Investigate partnerships with Deakin University for township research 3.1.4 Continue to develop best practice service provision for Council's direct client services including child care, preschool, maternal and child health, immunisation services and home care services 3.1.5 Explore opportunities for collaborative practices and partnerships arrangements for service delivery with other key local service providers. 3.1.6 Strengthen health care referral networks</p>	<ul style="list-style-type: none"> • Implement quality assessment ratings program and service mapping • Review & update service and demographic data as it becomes available. • Review and update relevant council policy and workplace procedures annually • Participate in the Commonwealth Community Care Standards Audit • Provide appropriate staff training and supervision • Develop training calendar skilled and informed about the transition to My Aged Care • Implement the Torquay

		<p>North Children's Centre Operational Planning project</p> <ul style="list-style-type: none"> • Continue to participate in local and regional networks. • Strengthen the alliances between HACC assessment agency to support the transition of HACC services in 2018 • Commence implementation of My Aged Care gateway • Develop an annual program report detailing number of aged and family services available, waiting lists and other service performance data • As part of township profiles establish service maps of available local services • Promote township profiles and service maps once developed
<p>3.2 Understand rural communities service needs and provision requirements</p>	<p>3.2.1 Establish reference groups for rural communities to assist in determining service need</p> <p>3.2.2 Utilise community demographics and health and wellbeing profiles to assist in determining service needs</p> <p>3.2.3 Assess and reallocate resources according to need</p> <p>3.2.4 Links to Council plan objective 3.2 "Quality assessment ratings for aged and family services" including assessment of service need and service mapping.</p>	<ul style="list-style-type: none"> • Support the functioning of the Early Years Reference group • Explore the delivery of service provider forums in coastal townships • Monitor demographics to inform early years and youth planning. • Implement early years & youth and positive ageing strategies • Apply demographics to inform development and location of programs • Update strategies with current demographics as they become available • Continue to implement quality assessment ratings program and service mapping
<p>3.3 Respond to the needs of those living in socio-economic disadvantage</p>	<p>3.3.1 Utilise community demographics and health and wellbeing profile data for Winchelsea</p> <p>3.3.2 Develop an service plan for Winchelsea township to address social disadvantage</p>	<ul style="list-style-type: none"> • Review and update relevant strategies with current demographics as they become available • Implement the Winchelsea Health and Wellbeing plan

3.4 Planning for and maximising use of infrastructure for health and wellbeing outcomes

3.4.1 Council plan strategy 4.1.1 "Perform an infrastructure needs assessment to provide clarity to the community on how a fair distribution of infrastructure will be achieved"
3.4.2 Policy development around multi-use spaces and integrated service provision
3.4.3 Council Plan objective 4.2 "Accessible and well maintained council facilities"
3.4.4 Utilise structure plans to maximise opportunities to provide meeting spaces, public plaza spaces, community hubs and mixed use facilities

actions

- Compile an annual report on the number of number of social services in Winchelsea
- Undertake year 1 action plan for the Community Buildings Study
- Develop project plan for Recreation Reserve Management Guidelines
- Plan and deliver the annual capital works program
- Implement priority actions from Growing Winchelsea Project
- Measure change in usage of buildings with bookings directly managed by Council.
- Oversee the implementation of actions and reporting and evaluation
- Include health and wellbeing principles in all new controls in growth areas

